

Life can be hard...

Today, more than ever, we are experiencing changes in our lives that can seem unbearable. So ask yourself...

- » Do the emotional burdens you carry seem to control your moods and behaviors?
- » Are you feeling stretched to the limit in your home or work life?
- » Does a specific situation in your life feel overwhelming or hopeless?
- » Do you need someone to talk to?

We can help

LifeCare Counseling, founded in 2011, is a ministry of Worthington Christian Church. We offer a safe place to gather the courage to tell your story.

Acknowledging how our personal pain affects us is the first step on the road to recovery, reconciliation, and healing.

When your life is not working... LifeCare can help.

Call us at 614-885-9417 and begin your journey towards healing.



 **Worthington**
CHRISTIAN CHURCH

8145 North High Street • Columbus, OH 43235
614-885-8389 • worthingtoncc.org

 **LifeCare**
counseling

Meet the LifeCare Team

Our staff of professionally licensed counselors have earned a Masters degree in clinical counseling from an accredited graduate school. Our team specializes in helping people to grow, healing the brokenness in individuals, families, couples, groups, and children.

We use clinically sound methods of education and counseling that are consistent with the principle doctrines of the Christian faith. We respectfully welcome anyone regardless of faith, orientation, or culture who are seeking to create a more effective and purposeful life.



Lesley Cross, MA, LPC.

Lesley is a licensed professional counselor who focuses on an active, results-oriented approach to the counseling journey. Lesley holds a Bachelor of Arts in Business Management and Economics from Mount Union University in Alliance, Ohio, and received her Master of Arts in Clinical Counseling from Lenoir-Rhyne University in Hickory, NC.

Lesley's path to counseling did not always seem a direct route, but in hindsight was actually a rich journey designed to provide experience with the populations she has a great passion for. Lesley has extensive training working with individuals in transition and facing the daily bridges of life. Her professional experiences include working with students at the collegiate level, with survivors of sexual assault, parents developing improved parent/child relationships, teens navigating the often difficult road to adulthood, and couples entering marriage as well as those facing times of struggle. Lesley provides counseling at LifeCare as well in her private practice, Bridges Counseling of Worthington.

Lesley is a resident of Worthington where she and her husband live with their two children. She is active in the community and volunteers regularly through schools, scouts and community organizations. She is also a member of Worthington Christian Church.



Dixie Gebert, M.Ed., LPC.

Originally from western Pennsylvania, Dixie graduated from University of Pittsburgh with a Bachelor of Science Degree in Psychology and a Masters of Education Degree in Rehabilitation Counseling. She's a Licensed Counselor with certifications in Marital and Family Counseling as well as Structural Strategic Family Therapy.

She has held a variety of professional positions including: Counselor at a Community Mental Health Center, Case Manager at Children's Protective Services, Family Counselor for Juvenile Court, Family Counselor and Counselor for Eating Disorders Clinic at University of Cincinnati College of Medicine, Department of Psychiatry, Home-based counselor for families with children with autism for Sharon Regional Hospital, Sharon, PA.

She currently serves as the Director of Student Services at Oakstone Academy. She also coordinates services for the Special Needs Ministry of WCC. Dixie and her husband have four children. She is also a member of Worthington Christian Church.



The road to recovery

The staff at LifeCare Counseling can begin immediately to help address the challenges you are facing.

Our goal is to partner with you to help you find peace, joy, restoration and healing as you deepen your understanding of God, yourself and others.

You have options

Professional Counseling may be helpful if you or someone you know struggles with:

- | | |
|----------------------------------|----------------------|
| Depression | Anxiety/Fears/Panic |
| Grief and Loss | Family Difficulties |
| Conflict Resolution | Divorce Adjustment |
| Blended Families | Anger Management |
| Children/Adolescent Issues | Military Transitions |
| Marital & Pre-Marital Counseling | |

We offer Biblically-based professional mental health counseling to help individuals, couples, families, and groups get through some of life's toughest challenges. **Begin your journey toward healing — call us today at 614-885-9417.**

Call us today at 614-885-9417 and begin your journey towards healing, harmony and hope.